## Sewing and Craft Alliance

# SEW-lution Guide Sew-lution

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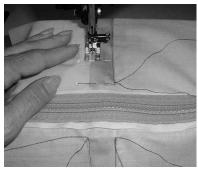
## **Applied Casings**

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Choose an applied casing on projects with a curved casing edge or to reduce bulk in projects made of heavy fabrics.

To reduce bulk in a casing, apply a casing of a separate lightweight fabric. Often this is called a stitched-down facing. Applied casings are used on garments without a waistline seam, such as a dress with an elastic waist. Make the casing from lightweight or lining fabric or ready-made bias tape (available in an assortment of colors). A lightweight decorative trim or ribbon can be used as a casing.

On both long and short edges of the casing strip, press under 1/4". Pin or baste the casing in place, and edgestitch along each long edge (1).



1) Edgestitch casing in place.

Insert the elastic through one end of the casing. Vertically stitch through all layers at each end of the casing to hold the elastic in place (2).



2) Stitch the casing closed catching the elastic ends in the stitching.

### **Applied Casing to Reduce Bulk**

If making an elastic-waist garment from a medium- to heavy-weight fabric, add a casing to reduce bulk. Determine the dimensions of the casing. Add 1/2" to the desired casing length and width, and cut a casing strip using these dimensions. The extra width and length are for 1/4" seam allowances. Press under 1/4" on one long edge and both short ends.

**Tip:** You can also make a casing from purchased, single-fold bias tape

On the garment, mark the desired casing upper edge. Add a 1/4" seam allowance, and cut off the fabric beyond the marks.

**Tip:** To easily press the edges under 1/4" and

keep them straight, place a piece of cardstock 1/4" from the fabric's edge. Fold the fabric over the cardstock and press (3).



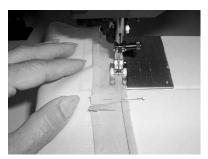
3) Press fabric edge over a piece of cardstock.

### **Applied Casings**

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With right sides together, pin the unpressed long edge of the casing to the raw edge of the garment, abutting the casing short edges at the garment center back or side seam. Stitch the casing to the garment using a 1/4" seam allowance (4).

Press the seam allowances toward the casing. Press the casing to the inside and pin in place so that none of it shows from the garment right side (5). Pin and edgestitch along the casing lower edge. Insert the elastic through the opening.



4) Stitch casing to garment upper edge.



5) Press the casing to garment wrong side.