

*“ELEGANT SOFA THROW”*



The bold contemporary design of this elegant sofa throw is softened by the rich silk fabric and the embroidered designs. This project features hoop embroidery, decorative stitching, circular sewing and reverse bobbinwork.

**Skill Level: Intermediate to Advanced**

Created by: Geri Frazier, Elna USA Education Consultant

Elna USA Project: Elegant Sofa Throw

Page 1 of 8

## Supplies:

½ yard peach silk dupoini

½ yard rust silk dupoini

1 yard gold silk dupoini

1-1/2 yards of a backing fabric

3 yards tricot fusible interfacing

2-1/2 yards fringe

75/11 machine embroidery needle

90/14 machine needle

Rayon machine embroidery thread to complement the fabrics

Machine embroidery bobbin thread

Ordinary sewing thread for construction

Heavy decorative thread such as Ribbon Thread™, Pearl Crown Rayon™ or Décor 6™

Stitch-n-Ditch™ tear away stabilizer

Four 12" squares of iron-on tear away stabilizer such as Totally Stable™ by Sulky  
Ruler

Rotary cutter and mat

Chalk wheel marker

## Machine(s) and Accessories:

EnVision 8006, 8007, CE20

Circular Stitch Attachment

EnVision Embroidery Card #107—Cutwork Designs and the matching template set

Clothsetter

A foot, F foot, quilting guide—all standard accessories

Our sample was made on the 8007 EnVision Machine.

## Instructions:

Cut and prepare the fabric as follows:

1. From the peach silk cut one 17" square and four strips 12 ½ " x 4 ½ ".
2. From the gold silk cut two 17" squares and four strips 12 ½ " x 4 ½ ".
3. From the rust fabric cut four 13" squares and four strips 12 ½ " x 4 ½ ".
4. Cut the tricot interfacing using the same dimensions in steps 1, 2 and 3.  
Following manufacturer's directions fuse to the wrong side of each of the silk pieces.

## Corner blocks:

1. Find and mark the center for each of the four 13" squares of rust fabric with the chalk marker.
2. Press a square of Totally Stable onto the **wrong** side of each of the squares.
3. Insert an embroidery needle into the machine, snap on the "F" foot.

4. Thread the needle with rayon embroidery thread and have the machine embroidery bobbin thread in the bobbin
5. Reduce the needle tension to 2-3.
6. Select stitch #43 and reduce the stitch length to 0.3.
7. Attach the circular sewing attachment.
8. Using the top scale, slide the device five lines from the left end and lock into place. (*See illustration 1*)

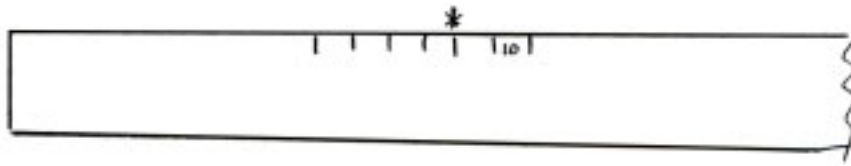


ILLUSTRATION 1

9. Place the center of the fabric over the center pin and slide the fabric down the pin and into position. Replace the black cap.
10. Stitch out pattern using the lock-off key when the pattern is complete. The circular sewing attachment will do all the work.
11. Without removing the fabric, slide the device 11 lines from the left end and lock into place. (*See illustration 2*)



ILLUSTRATION 2

12. Select stitch #86 and stitch around.
13. Carefully tear away the Totally Stable, press, square up if necessary and set aside.
14. As an optional embellishment to the design hand sew small glass beads in the center of each flower.

### Strip blocks:

1. Find and mark the center of each of the 12 ½ " x 4 ½ " in the long direction.
2. Select and stitch three to five decorative patterns. Be sure to make all the peach strips the same, all the rust strips the same, and all the gold strips the same. Each row of stitching is a different decorative stitch.
3. To set up for this step simply remove the circular stitch attachment and replace with the standard bobbin cover. Use the appropriate thread for each fabric strip. This can be a complimentary color or a tone on tone look. Select decorative pattern. Test sew pattern to determine if there will be any adjustments to the stitch length or width will need to be made.
4. Place a layer of Stitch N Ditch under fabric strip and stitch out selected pattern. Repeat for the remaining rows within the block.

5. Once the strips are finished, press and join into blocks with a  $\frac{1}{4}$ " seam allowance. The strips are put together according to **illustration 3**.

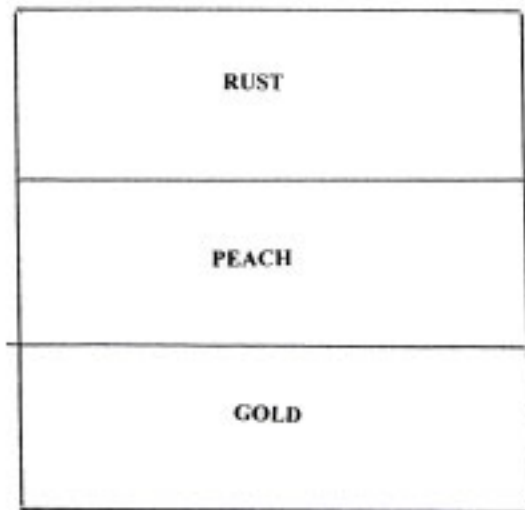


ILLUSTRATION 3

6. Press each block and set aside.

### Large gold blocks in center row:

1. Wind at least three bobbins with the heavy decorative thread or ribbon thread.
2. Leave the needle tension at 2-3.
3. Drop the bobbin into the bobbin case but do not run the thread through the tension guide. You'll be sewing with very light tension on the needle and no tension in the bobbin.
4. Select the straight stitch and adjust stitch length to 2.8.

5. On the **wrong** side of the fabric find the center and mark a long lazy curved line from one end to the other. **(See illustration 4)**

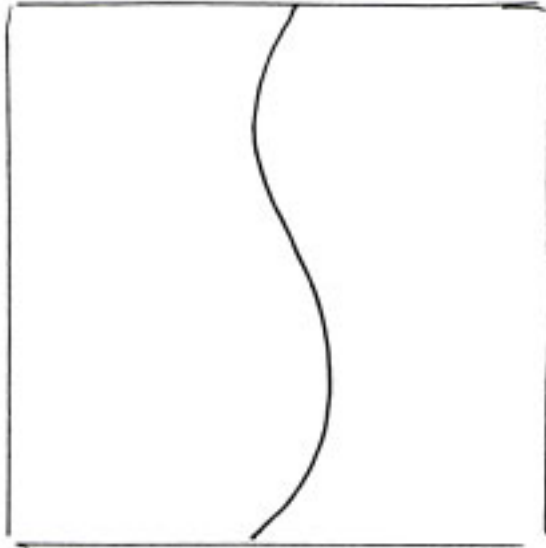


ILLUSTRATION 4

6. With the right side of the fabric facing down stitch this line.
7. Insert the quilting guide into the hole at the back of the ankle and tighten the screw. **(See your owner's manual for more information if you've never used this guide.)**
8. Set the guide about 1 ½ " from the needle.
9. Position the quilting guide against the stitched line. Stitch the next line using the quilt guide as the guide for placement. Simply guide the quilt guide along the stitched line. Adjust machine speed if needed. Repeat this process until the whole square is covered with curved lines **(See illustration 5)**

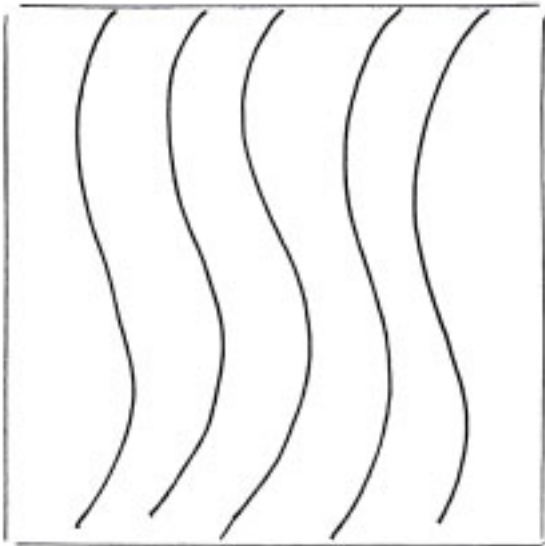
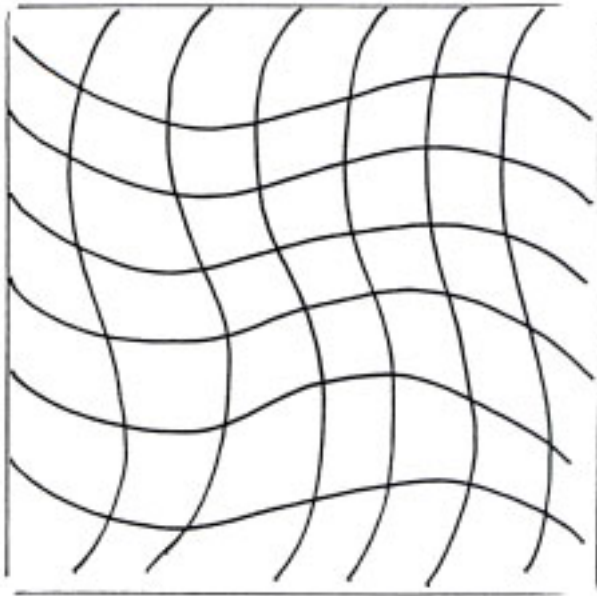


ILLUSTRATION 5

10. Turn the fabric in the other direction and repeat until you have “wavy grid” pattern. (**See illustration 6**)



**ILLUSTRATION 6**

11. When both 17" gold squares are complete, press and set aside.

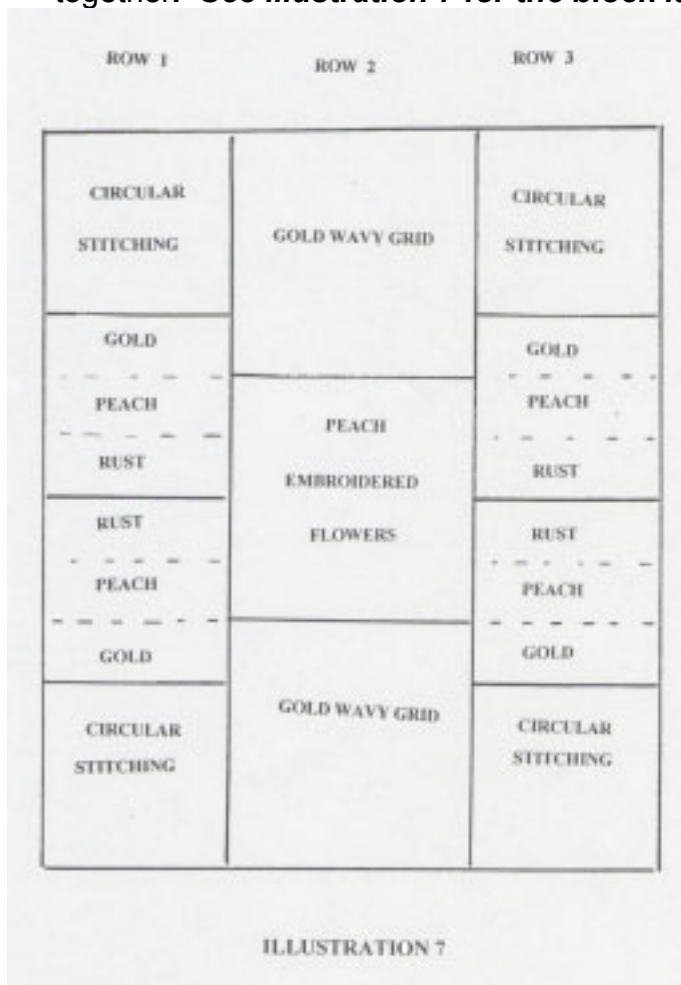
### **Center peach block:**

1. Reset the machine for hoop embroidery and insert the Cutwork Card #107 into the machine.
2. Select pattern #38 on the machine screen.
3. Mark the center of the square with the chalk marker. Use template E and the clothsetter to align the fabric in the hoop. The clothsetter is important for the alignment of each design segment within the completed design.
4. Even though this is a cutwork design there is no need to cut away any fabric from the design as would be done if doing traditional cutwork.
5. Before beginning, be sure to place tear-away stabilizer under the hoop.
6. Once the entire circle of flowers had been stitched, press the block.
7. To create the outer circle of flowers, use template F and design # 39.
8. Because the diameter and the circumference of the circle was altered from the original there will be a small gap on the outer scalloped edge. Use the template to align the position of the final scallop at the top of the design—ignore the flowers at this point.
9. Hoop the fabric and set the hoop into the machine. Eliminate the first step of the design by pressing the first color box on the screen.
10. Take one stitch and stop the machine.

11. Bring up the directional arrows onto the screen and press the forward arrow 260 times, it helps to count out loud, this advances the machine to the position of the top scallop. The needle should be at about the spot where the scallop will begin stitching. Stitch the scallop until the design is connected. Stop the machine. Leave a thread tail long enough to thread a hand needle. Bring the embroidery thread to the back and tie off.
12. Press the block.

## Finishing:

1. Reset the machine for ordinary sewing. Snap on the “A” foot and move your needle position to 6.0. The right edge of the “A” foot against the raw edges of the fabric will give you a ¼" seam.
2. Using a ¼" seam to sew the blocks together into rows. Then sew the rows together. **See illustration 7 for the block layout.**



3. Press entire piece again.
4. Remove the 75/11 and insert the 90/14 needle.

5. Place the front on top of the back piece right sides together. Cut the back to the same size and stitch around the piece with a ¼ " seam allowance. Leave an opening on one of the shorter ends for turning.
6. Turn and press once again. Sew the opening closed either by hand or by machine.
7. Cut the fringe one inch longer than the short ends.
8. Adjust the stitch length to 2.8 on the straight stitch and lower the foot pressure to 2.
9. Stitch the fringe in place. You are done. Place your complete throw on your sofa, chair or bed. Or give as a gift!

# Enjoy!

For other exciting projects like this one visit our Web site at [www.elnausa.com](http://www.elnausa.com)