

Rows of Ruffles Vest



This fun vest gets its charm from rows and rows of double ruffles adorning the front. The ruffles are different colors and prints, making it perfect for using up small amounts of fabric leftover from other projects.

Preparation and Cutting

- Cut out vest fronts, back, and lining; set aside.
- Cut one strip from each of the five coordinating fabrics, 2" x 45" each.
- Set the serger for a 2-thread or 3-thread rolled hem using embroidery thread in the looper.

Directions

- Roll hem both long edges of the five ruffle strips, trimming slightly.
- Set the serger for a 3-thread balanced stitch using all-purpose serger thread.
- Attach the cording foot to the serger.
- Fold each ruffle in half right sides together; serge along the folded edge over the filler cord without trimming the fabric. Be careful *not* to stitch into the cord.
- Pull the cord up to gather each ruffle to be about 22".
- Starting at the lower edge, lay a ruffle across the vest front and stitch along the gathered center using a sewing machine. Use a straight stitch or decorative stitch of your choice. Trim the ruffle even with the sides of the vest front.
- Using a second strip, position a ruffle above the first with the edges touching but not overlapping. Stitch in place and trim the sides even.
- Repeat until both the right and left vest fronts are covered with ruffles. The coordinating ruffles may be stitched in any order desired, planned or random.
- Sew the vest front and back together at the shoulder and side seams. Repeat with the lining pieces.
- Place the vest and lining wrong sides together, matching the shoulder and side seams. Baste all raw edges together, 1/2" from the edge.
- Fold binding strip in half with raw edges even; press.
- Beginning at a lower side seam, place the raw edges of the folded bias along the raw edge of the vest. Serge, trimming about 3/8" from the edge.
- Pull folded edge of binding snugly to the back and stitch in place. Repeat for armholes.

Supplies

- Simple vest pattern with straight sides and center front that does not overlap
- Fabric as required by pattern for vest and lining
- 1/8 yard each of 5 coordinating fabrics
- 4 cones of all-purpose serger thread
- Rayon or polyester embroidery thread
- Filler cord such as perle cotton or gimp cord
- 4 yards of 2 1/4" bias strips for binding
- Serger Cording Foot

Machines

- BERNINA® serger
- BERNINA® sewing machine
- Most other sergers and sewing machines