Place a length of ball chain or thin chain necklace around the neck to serve as a reference point.

- **A**: High bust ____. *Taken around the body above the bust and high under the arms*
- **A1-A2**: Front Width ____ *Taken across from arm crease to arm crease*
- **B**: Full Bust ____ *Taken around the body at fullest part of bust and parallel to floor*
- **B1-B2**: Full Front Width ____ *Taken side seam to side seam across full bust*
- **C-C1**: Apex to Apex ____ *Bust point to bust point*
- **D**: Waist ____ *Tie thin elastic or cord around waist to determine accurate waistline*
- **E**: Abdominal Extension (High Hip) ____ *Usually 3”-3 1/2” below waist at fullest part of tummy*
- **F**: Hip ____ *7”-9” from waist around fullest part of hip or buttocks and parallel to floor*
- **G**: Thigh ____ *Fullest part of upper leg*
- **H**: Knee ____
- **I**: Calf ____
- **J**: Ankle ____
- **K**: Bicep ____ *Fullest part of upper arm*
- **L**: Elbow ____ *Taken with arm slightly bent*
- **M**: Wrist ____ *Taken around prominent wrist bone*
- **N-P**: Neck to Shoulder ____ *Almost always 4 ½”*
- **P-L**: Shoulder to Elbow ____ *Taken with arm bent and hand resting between waist and hip*
- **L-M**: Elbow to Wrist ____
- **N-C1-D**: Full Waist Length ____
- **O-C1**: Center of Shoulder to Bust Point ____ *Optional, but can be helpful for military or princess styles*
Q–D  Back Waist Length ____
*Taken from prominent bone at base of neck to waist*

R1-R2  Cross Back Width ____
*Taken approximately 4" below base of neck across back from armhole to armhole*

B2-B1  Full Back Width ____
*Taken across back from side seam to side seam*

D-H  Waist to knee (hem) ____
*Lengths will vary according to styles*

D-I  Waist to calf ____

D-J  Waist to ankle ____

D-S  Waist to floor ____

D-T  Crotch Depth (rise) ____
*Taken sitting straight on a flat surface*  
*Measure over hip at side seam and straight down to the flat surface*